

12 October 2007

RHINOS REFUEL AT TRIO

Staying true to their Headingley roots, Leeds Rhinos players today dropped in for a hearty lunch at award winning bar and restaurant, Trio Bar & Grill, in preparation for the Engage Super League Grand Final against St Helens at Old Trafford on Saturday 13 October.

As regular guests of Trio, the full squad of 25 players, including captain, Kevin Sinfield, took a well earned break from intensive training and enjoyed the brief opportunity to relax and unwind before the big game on Saturday. The team devoured low fat, high protein dishes including Yorkshire Dales lamb and beef and fresh pasta.

Leeds Rhinos captain, Kevin Sinfield said:

"With such a crucial game ahead of us, it's important that we do get opportunity to relax and bond as a team as well as refuel! Trio is the perfect environment for us, it's a real home from home."

Martin Wolstencroft, Arc Inspirations managing director, added:

"It's a great honour to play host to the team, whether it's before a monumental final or prior to a league game. We hope that this hearty meal and a little relaxation on their home turf will put them in the right frame of mind for tomorrow."

Trio Bar & Grill, opened in spring 2002, forms part of Arc Inspirations stable of bars which includes The Arc and The Box in Headingley, The Hub and Zed in Chapel Allerton and Banyan Bar & Kitchen in Harrogate.